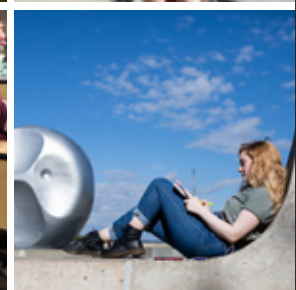
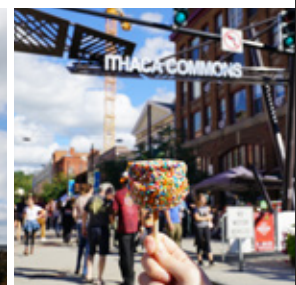
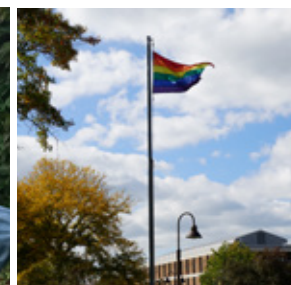
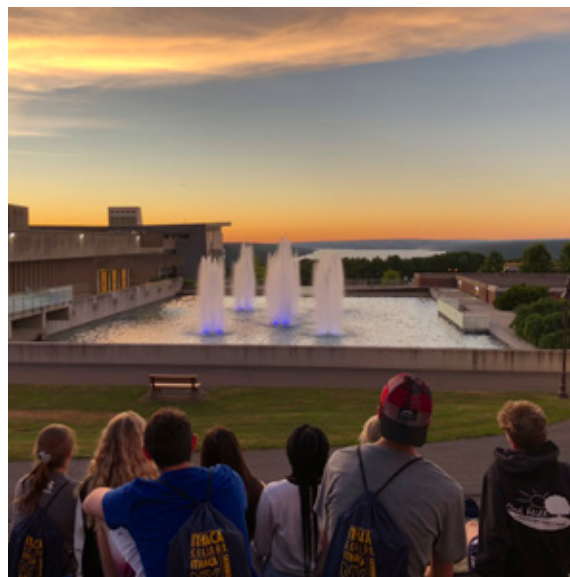
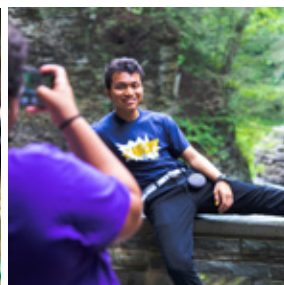
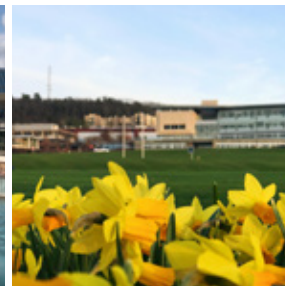
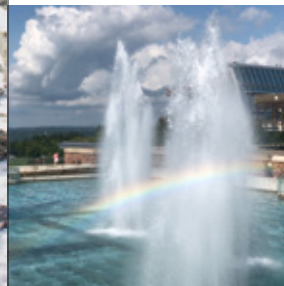


THIS IS ITHACA



A VIEW OF LIFE AT ITHACA COLLEGE



ON THE COVER

Music education major **Margaret Chan '20** plays the cello in the Hockett Family Recital Hall.

Find us online

@ithacacollege    

Come see us in person

ithaca.edu/visit

FOUR YEARS AT IC

Max Denning '18

fourth year



MAJOR Journalism
HOMETOWN Portland, Oregon
ACTIVITIES Editor and Writer at *The Ithacan*, Park Scholar, Assistant Coach to Local Youth Soccer Teams, Social Media Chair for Feminists United Club

Max got involved in the nationally award-winning student newspaper ***The Ithacan*** in his first year at IC.

"I started as a contributing writer and wrote a couple different stories. From there I became less of an every-once-in-a-while writer and more of a person that *The Ithacan* could rely on."

After graduating, **Max was hired as a reporter** at *The Observer* in La Grande, Oregon.

IN THE NEWSROOM

FIRST YEAR

Online News Editor

SECOND YEAR

Assistant News Editor

THIRD YEAR

Writer

FOURTH YEAR

Senior Writer

NEWSPAPER SECTIONS HE'S WRITTEN FOR

— Life and Culture — Sports — News

“It’s always been my goal to be a journalist, and I believed IC was the best place to get started on that.”

MEET THE PROFESSOR



Runit Singh Kakar
Assistant professor of physical therapy

SPECIALTIES Biomechanics, Human Movement Analysis and Human Factors/Ergonomics

RECENT RESEARCH

Studying **spinal movement in runners** from different age groups

GET TO KNOW RUNIT SINGH KAKAR

Has a **PhD in kinesiology** specializing in biomechanics from the **University of Georgia** and **PT degree** from **Indraprastha University**, New Delhi, India

Competes nationally in **badminton**

COURSES TAUGHT

- Applied Biomechanics
- Research III
- Advanced Clinical Reasoning (Group Research Projects)
- Pathokinesiology



Physical therapy student Alexandra Tracy researches human motion in the movement analysis lab.

ICONIC IC



What is that?

Let us take you on a tour of some IC landmarks.

Ready?
Let's go.



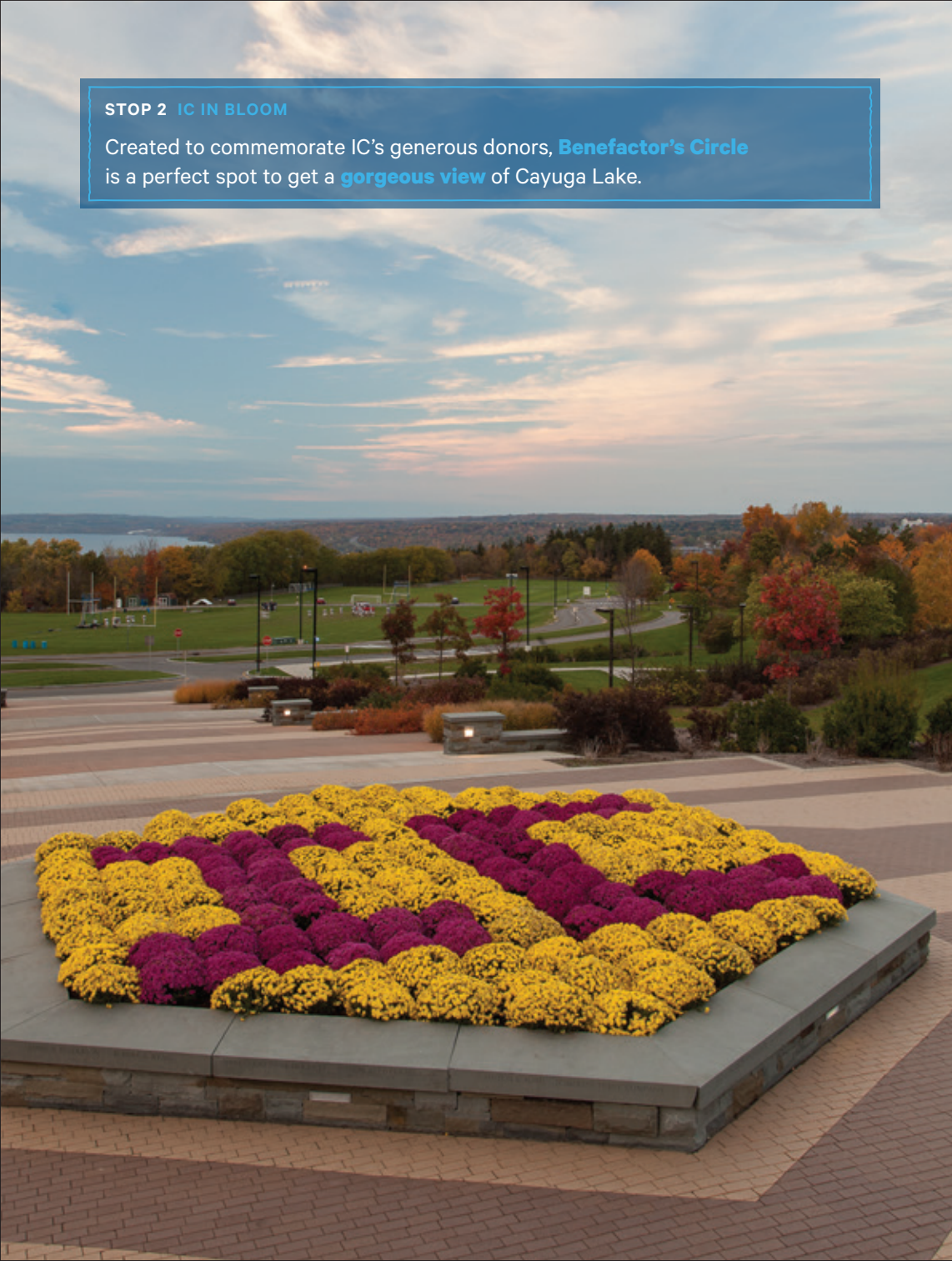
STOP 1 YOUR STEADFAST WELCOME TO THE IC CAMPUS

The **IC entrance sign** welcomes people to campus every day. At the end of each year, graduating seniors flock to the sign for photo opps with their caps and gowns.



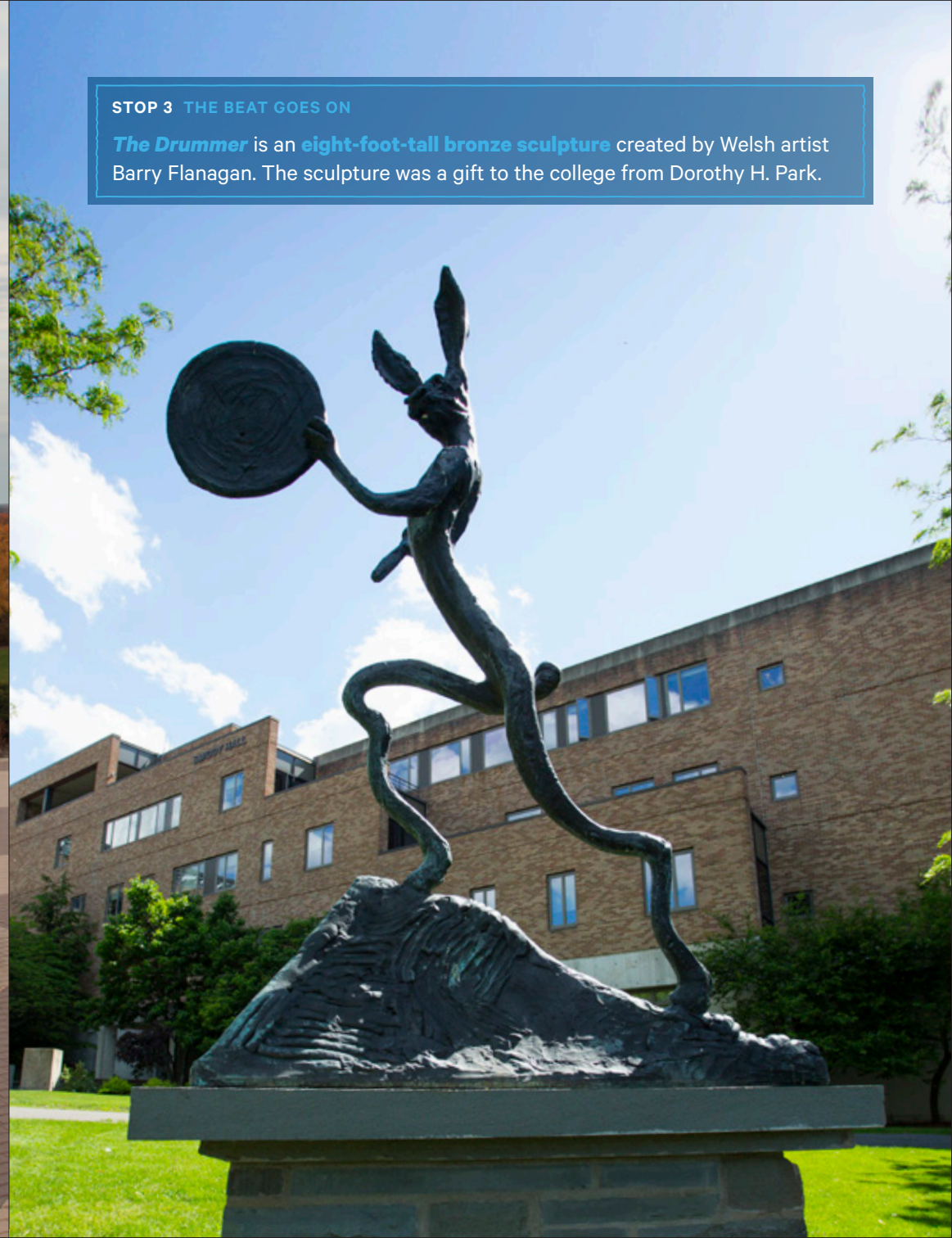
STOP 2 IC IN BLOOM

Created to commemorate IC's generous donors, **Benefactor's Circle** is a perfect spot to get a **gorgeous view** of Cayuga Lake.



STOP 3 THE BEAT GOES ON

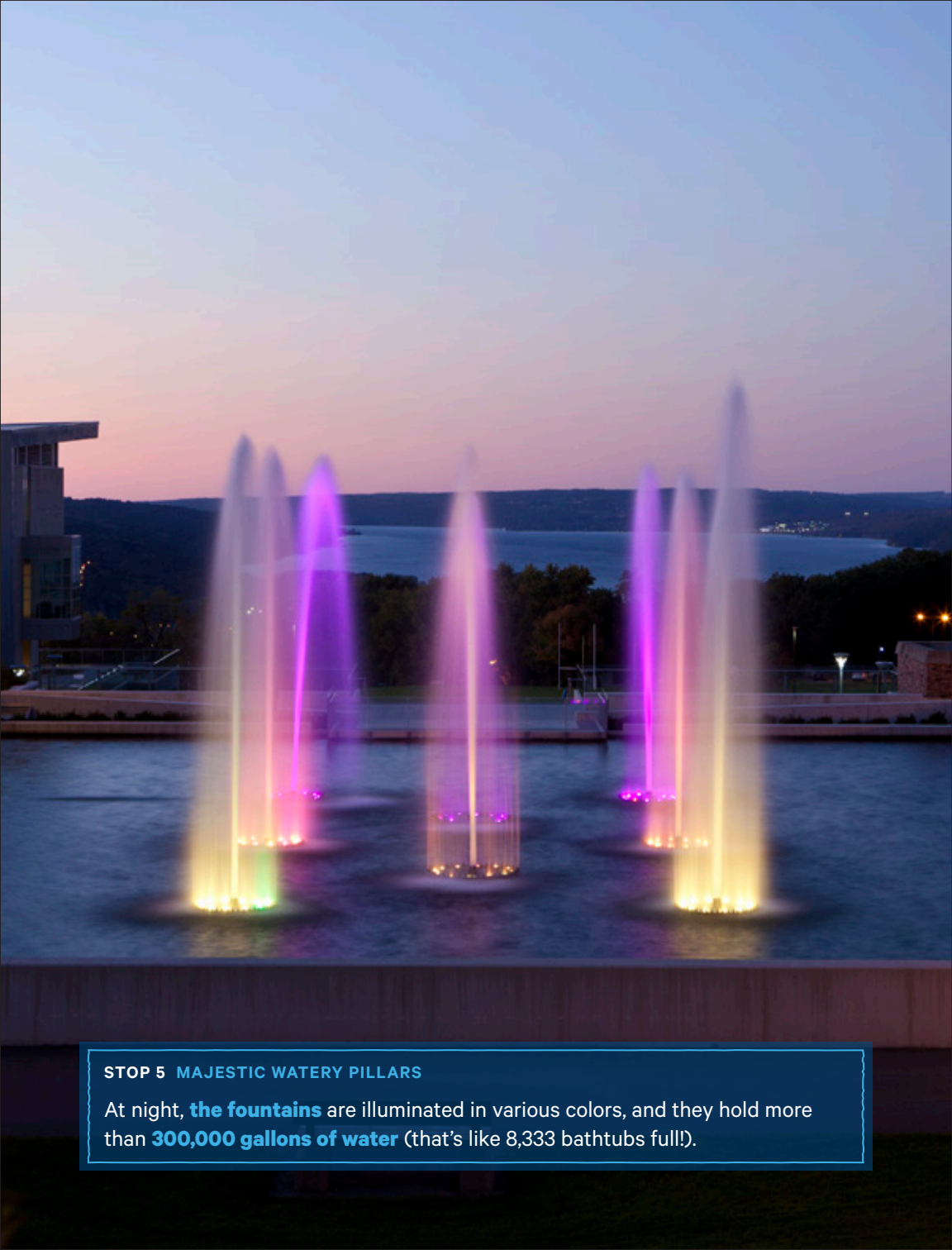
The Drummer is an **eight-foot-tall bronze sculpture** created by Welsh artist Barry Flanagan. The sculpture was a gift to the college from Dorothy H. Park.





STOP 4 GLOBE? BALL? OR FISH?

Built in 1967 to mark the college's 75th anniversary, this **steel and fiberglass landmark** is officially named the **Disc**, but its true meaning has been pondered for the last 50 years.



STOP 5 MAJESTIC WATERY PILLARS

At night, **the fountains** are illuminated in various colors, and they hold more than **300,000 gallons of water** (that's like 8,333 bathtubs full!).

TEACHING THE LANGUAGE



IC grad **Menalie Hyde '18** was awarded an **English teaching assistantship** through the **Fulbright U.S. Student Program**. Her destination is **Malaysia**.

MAJOR Communication Management and Design
HOMETOWN Killingworth, Connecticut

“ I feel like on this side of the world we have certain perceptions of Muslim countries, and I’m looking forward to experiencing it in real life and drawing my own conclusions. ”

WHAT DO FULBRIGHT ENGLISH TEACHING ASSISTANTS DO?

- Provide **assistance to English teachers** in secondary schools or universities overseas.
- Help improve foreign students’ **English language abilities**.
- Teach students more about the United States.
- Serve as **cultural ambassadors** for the U.S.

MENALIE’S INVOLVEMENT AT IC

- **Student manager** for Digital Media Services in **IC’s IT department**
- **Volunteer student-teacher** with Teaching Spanish to Children through Arts and Recreation
- Volunteer with the student organization **IC Intercambios**, **teaching English** to Spanish-speaking immigrants in the local area

From the Forest

Every spring, IC environmental studies and science professor Jason Hamilton teaches students how to grow and harvest products from the forest.

Through the **South Hill Forest Products project**, the students **market and sell ethically and renewably harvested forest goods** in the Ithaca community.



Beekeeping



Developing Medicinal Remedies



Farming Mushrooms



Making Maple Syrup

For integrated marketing communications major **Carley Newman**, the project was an opportunity to combine her **marketing knowledge** with a **passion for the outdoors**.

CONNECTING WITH CUSTOMERS

“In marketing student-made goods from the forest, there is a lot of education to go along with the products. It’s important to share the process with customers.”

MAKING FRIENDS FOR LIFE

“When you spend the wee hours of the morning together in the woods boiling sap and watching the sun rise, it really brings you together.”

NO CAR? NO PROBLEM

6 Ways to Explore Ithaca without a Car

Head into downtown Ithaca by bus.

The TCAT bus system stops right on campus. Get to know the bus schedule, and you can get anywhere downtown or in the surrounding areas.

Do your traveling on the lake.

Rent a kayak or canoe from the **Puddledockers Kayak Shop**, a short walk from any bus stop downtown, and set off onto Cayuga Lake.

Hit the trails.

Explore the **IC Natural Lands** or take the bus to check out the **Mulholland Wildflower Preserve**, the **Sagan Planet Walk**, and **miles more** all over Ithaca.

Ride a bike.

Hop on your bike or rent an **Ithaca LimeBike** for a scenic ride around the city. Be ready for hills if you leave downtown!

Walk a dog—or cat.

The **SPCA of Tompkins County**, a local no-kill shelter, offers carpool arrangements for carless volunteers. Do some good while you get all the snuggles.

Travel through history.

Bus to the **Museum of the Earth** (free admission passes at the IC library!) and learn more about our world through fossils, detailed paintings, and exhibits.



ITHACA COLLEGE

Office of Admission

953 Danby Road · Ithaca, NY 14850

Want to start your own IC experience?

Check out our schedule of admission events
or plan a visit anytime!

➤ ithaca.edu/visit

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